

APPLYING FOR SOCIAL SECURITY DISABILITY BENEFITS

There are two ways a person can apply for Social Security disability benefits:

1) You may file an application online at SSA.gov;

or

2) You may call the national Social Security Administration at 800-772-1213, or your local Lincoln Social Security Administration field office at 866-593-2880, to schedule an appointment to file for benefits. You may schedule your appointment for either a telephone appointment or an in-office appointment.

If you choose to file your application online, follow the steps below:

- 1) Review the attached checklist and prepare your medical and job worksheet;
- 2) Go to www.ssa.gov;
- 3) On the homepage, click on the “**Disability**” picture;
- 4) On the next page, about ½ way down, click on the blue bar, “**Apply for Disability**”;
- 5) On the next page, click on the gray bar, “**Start a New Application**”;
- 6) Be sure to **SUBMIT** your application when finished.

Remember to list all medical and mental health conditions that may impose work limitations. You do not need the exact date of your doctor’s appointments-the month and year is fine. Be as accurate as possible listing all provider names and addresses so that your records can be easily located. If you saw several providers at a hospital or clinic, you do not need to list every provider you saw, just list the hospital or clinic.