

## **HOW DO I REQUEST MY SOCIAL SECURITY BENEFIT INFORMATION?**

Many clients ask how much their monthly Social Security benefit amount will be if they are found to be disabled by Social Security.

In the past, Social Security would send out a Social Security Statement which contained that information on a yearly basis. It was also possible to contact Social Security and request that they mail you a Social Security Statement; however, Social Security has suspended these services.

You may get your Social Security Statement online by going to the following link:

**<http://www.socialsecurity.gov/myaccount/>**

Go to [www.ssa.gov](http://www.ssa.gov) and click on “SIGN IN/UP” at the top of the page. On the next page on the left side you will see a box entitled, “mySocial Security”. Click on the box. On the next page, click on the box entitled, “Sign in or Create an Account.”

You will be asked to create an account. Once you have created an account, you will have several options. You will want to select the option for viewing your Social Security Statement. Your Social Security Statement allows you to review:

**If you do not have computer access**, you may call 1-800-772-1213, or your local Social Security office, and they may be able to provide the information to you over the phone.

## Information regarding my Social Security provided by SSA

At each stage of your life, *my Social Security* is for you. Your personal online *my Social Security* account is a valuable source of information beginning in your working years and continuing throughout the time you receive Social Security benefits.

### **If you receive benefits or have Medicare, you can:**

Use a *my Social Security* online account to:

- Get your benefit verification letter;
- Check your benefit and payment information and your earnings record;
- Change your address and phone number; and
- Start or change direct deposit of your benefit payment.

### **If you do not receive benefits, you can:**

Use a *my Social Security* online account to get your *Social Security Statement*, to review:

- Estimates of your retirement, disability, and survivors benefits;
- Your earnings record; and
- The estimated Social Security and Medicare taxes you've paid.

## **How do I create a *my Social Security* Online account?**

To create an account, you must provide some personal information about yourself and give us answers to some questions that only you are likely to know. Next, you create a username and password that you will use to access your online account. This process protects you and keeps your personal Social Security information private.

### **Note:**

You may sign in or create an account to access your **own personal information only**.

Unauthorized use of the service is a misrepresentation of your identity to the federal government and could subject you to criminal or civil penalties, or both.